



## Meeting Minutes

OPEH&W Health Plan Board of Trustees Board Meeting  
ACCO Building  
429 NE 50<sup>th</sup> St, Oklahoma City, OK  
October 9th, 2025

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**Trustees Present:** Mitch Antle, Washington County  
Mike Brittingham, Pushmataha County  
Amy Gonzalez, Cimarron County  
Matt Jacobson, OMAG – Attended Virtually  
Emily Lee, Kingfisher County  
Kristie Moles, Pawnee County  
Gary Nielsen, Harper County  
CJ Rose, Beaver County  
Dolan Sledge, Texas County  
Lynn Smith, Ellis County  
Gary Starns, Pontotoc County  
Steve Stinson, Grant County

**Trustees Absent:** Dana Brown, Seminole County  
Tammy Malone, Craig County  
Kathy Ross, Johnston County

**Staff/Guests:** John Williams, McCurtain County  
Jenny Vincent, Ellis County  
Brad Burgett, Pushmataha County  
Keressa Kerr, Pontotoc County  
Donnie Head, CED 8  
Dave Slezickey, City of The Village  
Brad Raven, OSU-CTP  
Cindy Duncan, Roger Mills Hospital – Attended Virtually  
Gina Dunn, Seminole County – Attended Virtually  
Michelle Emmerson, NODA – Attended Virtually  
Sheila Rice, BlueCross BlueShield  
Ross Naylor, Plan Administration Office  
Amber Hargrove, Plan Administration Office

A quorum was established. CJ Rose called the meeting to order at 10:00 am.

### 1. Minutes of the 8/7/2025 Regular Board Meeting.

Gary Nielsen made a motion to approve the minutes. Dolan Sledge seconded. Roll call vote. All voted aye, CJ Rose abstained; and the motion carried.

**2. New Board Members.**

No new board members.

**3. Financial Position as of 8/31/2025.**

Ross Naylor presented the financial position of the Plan as of 8/31/2025. The net income and year-to-date figures are positive so far.

Mike Brittingham made a motion to approve the financials. Steve Stinson seconded. Roll call vote. All voted aye, and the motion carried.

**4. Plan Year Claims Position as of 8/31/205.**

In comparison to the first 2 months of the last plan year, there has been a small increase in membership. Overall spending on medical claims was down by 11.7% and high-cost medical claims were down by 45.8%. On the prescriptions, claims were up by 4.1%. No action was taken.

**5. Woods County Lawsuit.**

There is nothing new to add about the lawsuit with Woods County. Depositions with the elected officials are still ongoing.

**6. Groups Joining.**

No new groups to approve today, but multiple groups are in the works. Looking to have a 10-20% growth for January. No action.

**7. PHI Disclosure Event Notifications.**

The investigation into the PHI event was completed. There were 3,242 people identified that could potentially have been put at risk. Those people will be notified by letter and will include 2 years of free credit monitoring. Approval is needed for the notifications to be sent. McElroy's data security policy is paying for all of it so there is no expense to the Plan.

Mitch Antle made the motion. Mike Brittingham seconded. Roll call vote. All voted aye; and the motion carried.

**8. SB202 & Lobbyist Contract.**

The senate bill was stalled in conference committee because the Oklahoma Healthcare Authority was interpreting the cost of the change to be higher than what was estimated. They are now concurring with our calculations and now the bill will be passed on to the representatives. The lobbyist contract needs to be reapproved at this time to keep the bill moving forward.

Gary Starns made a motion to approve the lobbyist contract. Mitch Antle seconded. Roll call vote. All voted aye; and the motion carried.

**9. Actuary Engagement.**

Oliver Wyman will be completing the actuary study again for this year. Board approval needed for the engagement contract.

Matt Jacobson made a motion to approve the actuary contract. Emily Lee seconded. Roll call vote. All voted aye; and the motion carried.

A Request was made to skip to agenda item 11. Lynn Smith made a motion to move to agenda item 11. Steve Stinson seconded. Roll call vote; motion carried.

**10. Virta – Diabetes Reversal Program.**

Ross presented the Virta diabetes reversal program and with approval would like to add it to the list of making healthy cheaper programs. Virta is designed for people with type 2 diabetes. The program, when followed, is reversing diabetes diagnosis. The company has completed peer review studies and independent studies that have proven success using the Virta program. If approved, the program would be free to members.

Steve Stinson made a motion to approve the Virta program. Mitch Antle seconded. Roll call vote. All voted aye; and the motion carried.

**11. Remedy Health Program Presentation.**

Chris Sudduth with Remedy Health gave a presentation about the direct primary care program.

The plan administrators are looking for approval from the board to include adding Remedy Health to the actuary study and see what the impact to rates would be by adding the program.

Mitch Antle made a motion to approve working on the proposal. Emily Lee seconded. Roll call vote. All voted aye; and the motion carried.

Lynn Smith made a motion to return to item 10. Steve Stinson seconded. All voted aye; and the motion carried.

**12. Air Ambulances.**

Ross provided an update on the use of air ambulances across the Plan. No action.

**13. Samaritans Program.**

A new program called Samaritans has been identified that could help remove the risk of members with certain high costing health conditions. This program will be discussed further at the next meeting.

**14. Script Sourcing Program.**

Script sourcing is a program for certain high costing brand name prescriptions, sourced internationally, with a lower cost to the plan. These medications would be a \$0 copay for the member and delivered by mail to the home. Using script sourcing could be up to a \$5 Million savings to the plan. There are 43 brand name medications available through script sourcing. It must be a voluntary program so it is proposed that a new copay tier would be put in place that would make the copay for those 43 drugs \$500 if the member doesn't get them through script sourcing. If approved, the plan administrators would like to start using Script sourcing by 1/1. Members currently on any of the 43 prescriptions will be contacted to get set up. The new higher copay tier will not start until later.

Steve Stinson made a motion to approve script sourcing and the \$500 copay tier. Mitch Antle seconded. Roll call vote. All voted aye; and the motion carried.

**15. Medicare Plan Options.**

The Medicare programs for the over 65 retirees are seeing a huge increase in cost. It's too late to come up with a solution for this year, but the Plan will come up with something for next year. No action.

**16. By-Laws.**

The requested changes to the by-laws from the previous meeting were made. There was conversation regarding the construction of the Board. Proposal is made to add 2 seats to the board for municipalities, when a current board member steps down, replacement will start from within their own organization if they're a qualified individual. If not, then the board will seek someone to fill that seat.

Mike Brittingham made a motion to approve the change. Kristy Moles seconded. Roll call vote. All voted aye; and the motion carried.

**17. New Business, unforeseen at the time of the posted agenda.**

Calls are being scheduled with board members prior to the board meeting to be better prepared for the meeting and answer any questions. Calls are being made to non-voting board members as well to keep groups informed about what's going on with the plan.

Possible changes to the vision plan designs are suggested. Options will be presented at the next board meeting.

The audit is ongoing and will need to be approved during a special meeting once it's completed.

**18. Adjournment.**

Gary Starns made a motion to adjourn the meeting. There is no opposition, and the meeting adjourned.

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Tammy Malone  
Chairman/Board of Review

Attested To/ Notary

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My Commission Expires

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Steve Stinson  
Secretary/Board of Review

Attested To/ Notary

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My Commission Expires